

The Greenbrier Half Marathon

ATHLETE GUIDE

Saturday,
May 9, 2026

13.1 | 6:45 AM
10k | 6:55 AM
5k | 7:00 AM

White
Sulphur
Springs, WV



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ABOUT THE GREENBRIER HALF MARATHON

The Greenbrier Half Marathon, 10k and 5k, returns for its ninth event on Saturday, May 9, 2026! Runners will be treated to a course along some of the country's best golf courses at the base of West Virginia's most breathtaking mountain ranges. Run exclusively on the 11,000-acre grounds of the world-class Greenbrier Resort that has played host to 26 of our country's 46 presidents and has long been a favorite destination of royalty, celebrities and business leaders.

The Greenbrier is widely regarded as one of the finest luxury resorts around the world. Surrounded by the wondrous Allegheny Mountains, The Greenbrier offers exclusive services and amenities such as championship golf, fine dining, more than 55 activities, designer boutiques, a world-renowned mineral spa and a 103,000-square foot gaming and entertainment venue.



RULES & REGULATIONS

Can I wear headphones?

It is unsafe to wear headphones while running. Event organizers will not restrict headphone use and leave it up to the athlete on their ability to follow direction while wearing headphone devices. If you choose to wear headphones, please keep the volume down so you can hear and follow the direction of course volunteers.

Can someone else run in my place?

No, transfers of bib numbers from person to person is prohibited.

Anyone racing with another runner's bib will be disqualified.

When does registration close?

If spots remain, you may register online until 6:00pm on Friday, May 8. Be sure to leave time to pick up your race bib by the time packet pick-up ends at 7:00pm on Friday, May 8.

Is there a gear check?

There is not gear check.

Where do I get my race bib?

Packet pickup will be held Friday, May 8 from 2 PM - 7 PM in the Garden Room of the Upper Lobby of the Greenbrier.

Can someone else pick up my race packet for me?

Yes, someone else can pick up your packet. They will need a copy of your ID (a photo is sufficient).

Is there race day packet pick-up?

No, there is not race day packet pick-up.

Are strollers allowed on the course?

Strollers are not allowed on the course.

Are pets allowed on the course?

Pets are not allowed on the course.

Is the course wheelchair accessible?

The 5k and 10k are wheelchair accessible. The half marathon runs on a small section of grass and gravel.

Is the race USATF certified?

Yes, the certification numbers are listed below.

Certification Number Half: WV19008MS

Certification Number 10k: WV19007MS

Certification Number 5k: WV19006MS

Is this race a Boston qualifier?

No, this race is not a Boston Qualifier

What is the weather policy?

Races are held, rain or shine, unless we determine that conditions are too dangerous. This will be based on a prudent decision made on race weekend or race day by race officials and local law enforcement officials. If the race is cancelled due to inclement weather, there will be neither refunds nor transfers. This position is consistent with USA Track & Field recommendations and with the protocol of sharing the risks associated with the sport of running. In the event of inclement weather or unforeseen circumstances, Capstone Event Group reserves the right to alter, cancel or eliminate any/all portions of the race.

If there is inclement weather during the race, it is your responsibility as a race participant to follow instruction from race officials and law enforcement in regards to inclement weather. If you disregard instructions from race officials and/or law enforcement, you are doing so at your own risk.

What is the time limit?

The time limit for this event is 3:30, which is a 16-minute mile pace for the half-marathon.

- The cutoff time is determined by our event permit, which permits us to use the roads, police, support, and other city resources for a specified period of time.
- When the course closes at the cutoff time, any remaining participants must move off the roads and onto a sidewalk. Anyone who decides to utilize the course route after the permitted time will not be considered an active participant and must follow pedestrian laws. Participants who do not meet the cutoff time will not receive an official time.

ACCESSIBILITY GUIDE



Accessible Parking

Please email us at info@resortraces.com by May 4, 2026, if you need accessible parking for packet pickup and/or race day.

Race Start Times

- 10k Wheelchair/Handcycle Start: 6:50 AM
- 5k Wheelchair/Handcycle Start: 6:55 AM

Accessible Toilets

Before and after the race, the restrooms at the tennis stadium are accessible.

Contact Us

If you have a question about race weekend accessibility, please contact us at info@resortraces.com.

RACE DAY TERMS

Race Bib

Your race bib has a timing chip on the back that records your start-to-finish time. On race day, wear your bib with the number facing forward, and don't bend or remove the chip.

Start Line Chute

The start line chute is where runners gather before the race begins.

Hydration Station

Hydration stations on the course will offer water, sports drinks, and portable toilets.

Mile Markers

Mile markers are posted along the course. GPS devices may not align exactly with them.

Finish Line Chute

The finish line chute is where runners collect their medal, water, and post-race snacks.

Post-Race Party

A post-race party is a celebration held after the race where runners and supporters gather to enjoy food, drinks, and festivities to celebrate their accomplishments.



RACE DAY ETIQUETTE

Start Line

To keep everyone moving comfortably, please line up toward the back if you plan to walk or do a walk-run.

Hydration Stations

At hydration stations, keep moving while grabbing your cup. If you need to stop, glance behind you or step to the side so everyone stays safe and flowing

Passing

If possible, pass on your left and alert the runner by saying, "On Your Left."

Respect Others

Avoid sudden stops or weaving; be predictable in your movements.

Garbage

Please put all trash in the bins, not on the course.

Follow Instructions

Listen to volunteers & race staff, and obey signs or course markings.

Show Gratitude

Don't forget to thank the volunteers, police, and EMS who are helping make race day safe and fun!

Finish Line

For everyone's safety, please keep moving through the finish line.



RACE DEADLINES

| Category | Deadline | Form | Details |
|-------------------|------------------------------------------------------|-----------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Change Distance | Friday, May 8 6:00pm | <u>Click here to change your distance</u> | You <u>must</u> fill out the change distance form online. |
| Deferral Deadline | The deferral deadline is 11:59 PM on April 30, 2026. | <u>Click here to defer your entry.</u> | You will be issued a race credit for the amount you paid at registration excluding handling fees that can be applied toward registration for next year's Greenbrier Half Marathon or <u>another Capstone race.</u> |

Please Note:

- Anyone who runs a distance with the incorrect distance timing chip will be disqualified from the race.
- You are not allowed to transfer your bib to another runner.

RACE SWAG

Every runner will go home with a navy blue technical tee, a finisher's medal, and a celebratory wine glass — all featuring the elegant Greenbrier Half Marathon crest. The refined shield design showcases the iconic Greenbrier gazebo, ornate scrollwork, and the signature "The Greenbrier" script in deep green and gold. This year's shirt gets an upgrade with a premium technical fabric, making it as performance-ready as it is a stylish keepsake worthy of this prestigious race destination.

**Participant
Shirt**



**Participant
Wine Glass**



**Participant
Medals**



PRE-RACE DINNER

If you're planning to dine at The Greenbrier Resort the night before the race, we encourage you to make your reservation as soon as possible. The resort's restaurants are popular, and tables fill up quickly—especially on race weekend!

You can view dining options at [The Greenbrier's website](#). To make a reservation for a restaurant at the The Greenbrier, please contact the reservation line at 1-855-453-4858.

Please also keep in mind that The Greenbrier has a [dress code](#) in effect for its dining areas. Be sure to review the dress code ahead of time so you're prepared.



PACKET PICKUP

All participants need to attend Packet Pick-Up to get their race bib the day before the race.

- **Location:** The Garden Room in the Upper Lobby of the Greenbrier Resort | 101 W. Main St., White Sulphur Springs, WV 24986
- **Date:**
 - Friday, May 8, 2026 | 2-7 PM
- At packet pickup, you'll receive your bib, shirt, wine glass, spectator brunch tickets (if applicable), and safety pins.
- **Parking:**
 - **Resort Guest:** Participants staying at the resort are encouraged to use either valet or self-parking on resort property.
 - **Non-Resort Guests:** Non-resort guests will take the shuttle from the Train Lot (315 W Main St, White Sulphur Springs, WV 24986) to the hotel for packet pick-up on Friday. The shuttle will run through the duration of Packet Pick-Up every 10 - 15 minutes.

PACKET PICKUP FAQ

Can someone else pick up my bib for me?

Yes, someone else can pick up your bib—just have them bring a copy or photo of your ID for verification.

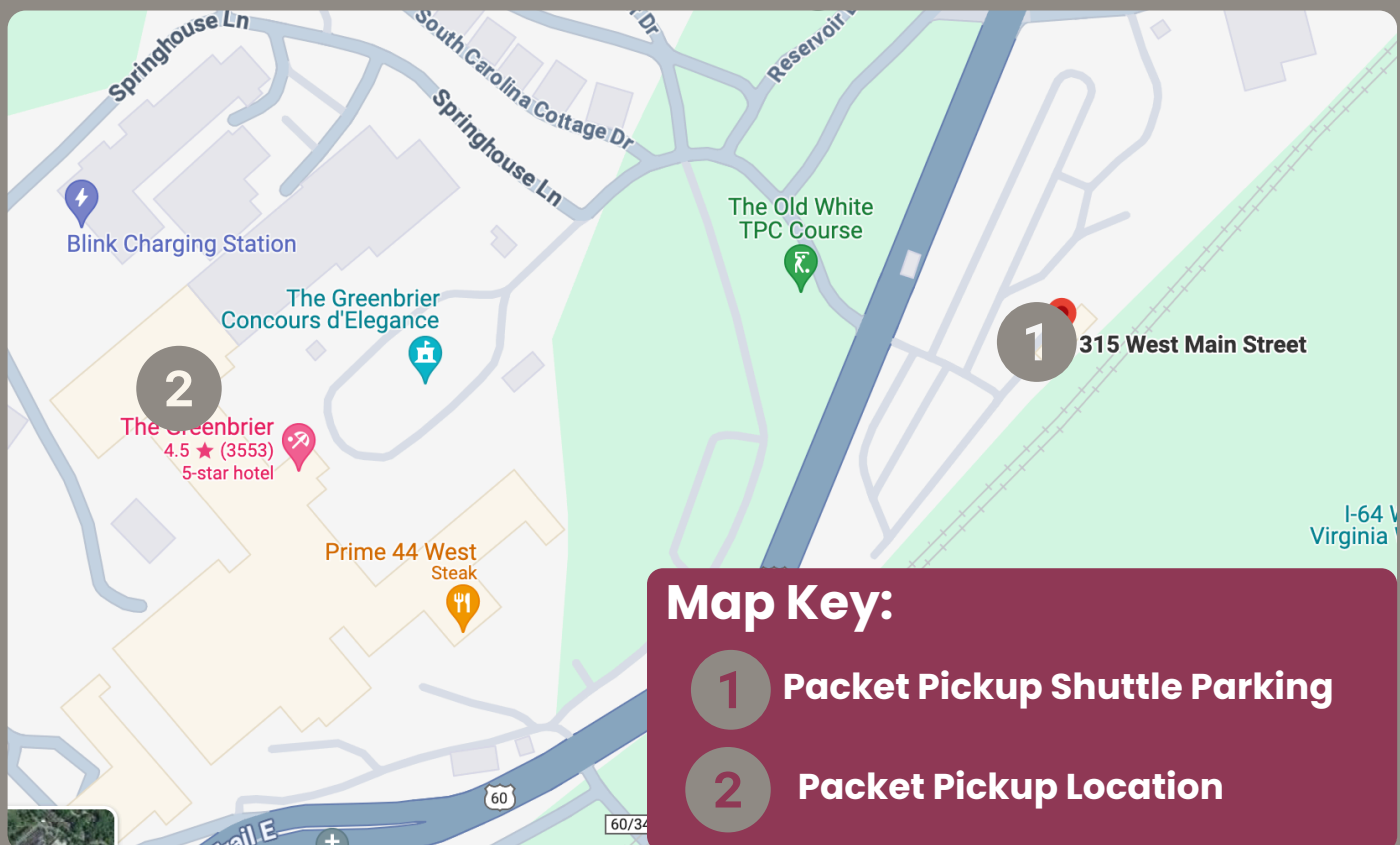
Will there be a packet pickup on race morning?

There will not be packet pick-up on race morning. Please make plans to attend beforehand, or have someone attend on your behalf.

Will I be able to exchange my t-shirt size at packet pickup?

Shirts are distributed based on the size selected during registration, as we order inventory according to these selections. Size changes are not available at packet pickup. Limited size exchanges may be available beginning at **10 AM** on race day, while supplies last.

PACKET PICKUP MAP



RACE DAY TIMELINE



5:15 AM – 6:45 AM

FOR NON-HOTEL GUESTS, A SHUTTLE WILL BE PROVIDED FROM TRAIN LOT TO START LINE. SHUTTLE WILL RUN APPROXIMATELY EVERY 10 MINUTES.




6:45 AM

HALF MARATHON STARTS



6:55 AM


10K STARTS

 Wheelchair/Handcycle Start Time: 6:50 AM



7:00 AM

5K STARTS

 Wheelchair/Handcycle Start Time: 6:55 AM



7:30 AM

POST-RACE CHAMPAGNE BRUNCH STARTS



8:30 AM

5K & 10K OVERALL AWARDS ANNOUNCED AT STAGE



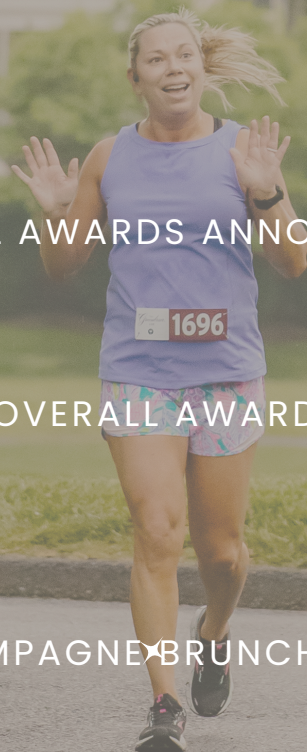
9:30 AM

HALF MARATHON OVERALL AWARDS ANNOUNCED AT STAGE



11:30 AM

POST-RACE CHAMPAGNE BRUNCH CLOSES



PRE-RACE INFO

Start Line

The race will start on Sampras Way, past The Greenbrier Chapel and next to The Greenbrier Tennis Club & Fitness Center.

Resort guests can exit the hotel through the north entrance and proceed down Spring House Lane towards The Greenbrier Chapel.

Start Times

- **Half Marathon:** 6:45 AM
 - **10k:** 6:55 AM | Wheelchair Division 6:50 AM
 - **5k:** 7:00 AM | Wheelchair Division 6:55 AM
-

Restrooms

Restrooms will be available before and after the race at the Golf Clubhouse, Tennis Stadium and Outdoor Pool.

Customer Service

If you have any customer service needs before the race, we are happy to help! Customer Service will open at 6 AM and be located under the Awning at the Golf Clubhouse.

Finish Line

The race will finish on Sampras Way, past The Greenbrier Chapel and next to The Greenbrier Tennis Club & Fitness Center. The start/finish line are at the same location!

Gear Check

Gear check will not be available. Participants are encouraged to leave any gear in their rooms, cars or with a friend/family member near the start/finish line.

Medical Support

We will have medical professionals on-site throughout the race, including at the start/finish area.

PRE-RACE INFO

Getting to the Start:

Non-Resort Guests

Parking:

- Please park at the Train Lot, located off of Route 60.
- Enter 315 W Main St, White Sulphur Springs, WV 24986 into your GPS device and follow signs for runner parking.

Shuttle to Start:

- From the Train Lot, participants and spectators who are not staying at the resort will take a shuttle to the Start Line area.
- A shuttle will be provided between 5:15 AM - 6:45 AM from the Train Lot to the Start Line area for non-resort guests.
- Participants are encouraged to arrive early for a smooth race morning.

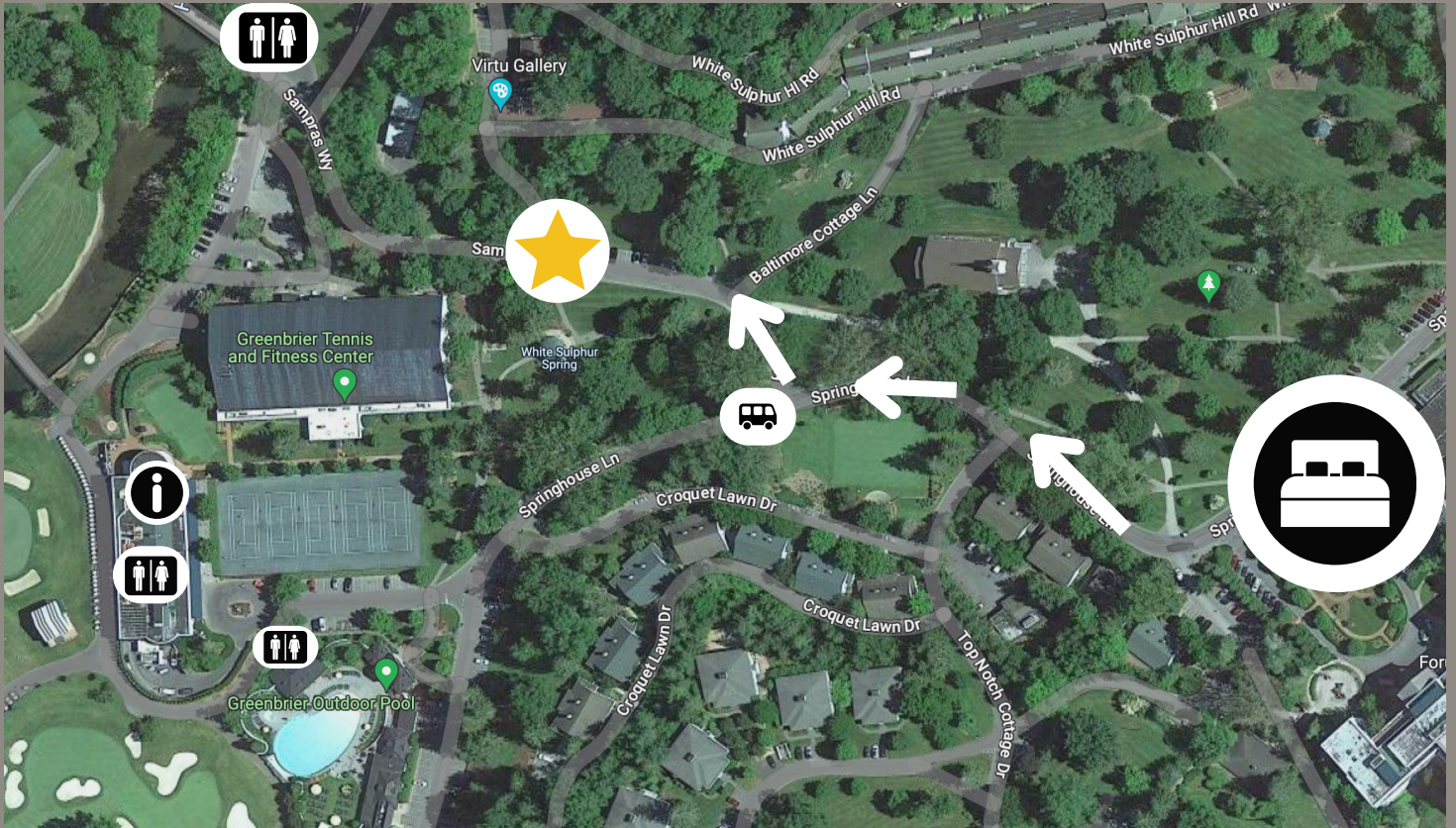
Getting to the Start:

Resort Guests

- Participants staying on the resort will make the short, scenic walk from their accommodations to the start line on race morning.
- To walk to the start, please exit the hotel through the north entrance and proceed down Spring House Lane toward The Greenbrier Chapel, and then onto Sampras Way.

RACE DAY INFORMATION

Pre-Race Area Map



The Greenbrier Hotel



Pre-Race Shuttle Stop (Non-Resort Guests Only)



Race Start & Finish Line (on Sampras Way)



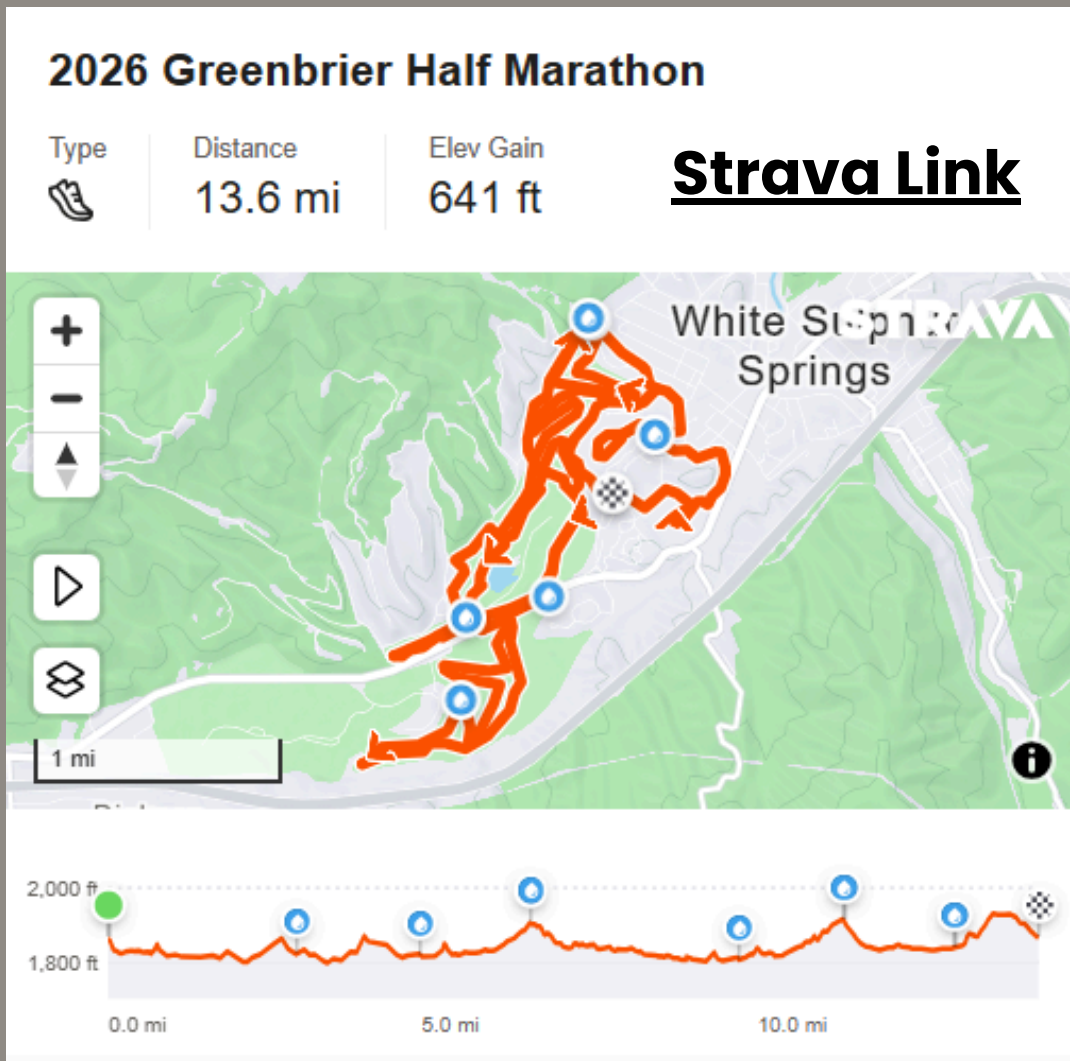
Race Day Customer Service (Under the Awning at the Golf Clubhouse)



Restroom Access:

- Golf Clubhouse
- Outdoor Pool
- Tennis Stadium

HALF MARATHON MAP



DISCLAIMER: The Strava course map is for reference only and may not perfectly reflect the official route due to GPS limitations. The course is certified and accurately measured. Please follow all posted signage and instructions on race day.

Hydration Stations

Half Marathoners will find 7 hydration stations along the course to help keep you fueled and hydrated. Station locations are approximate and listed rounded to the nearest 0.25 mile.

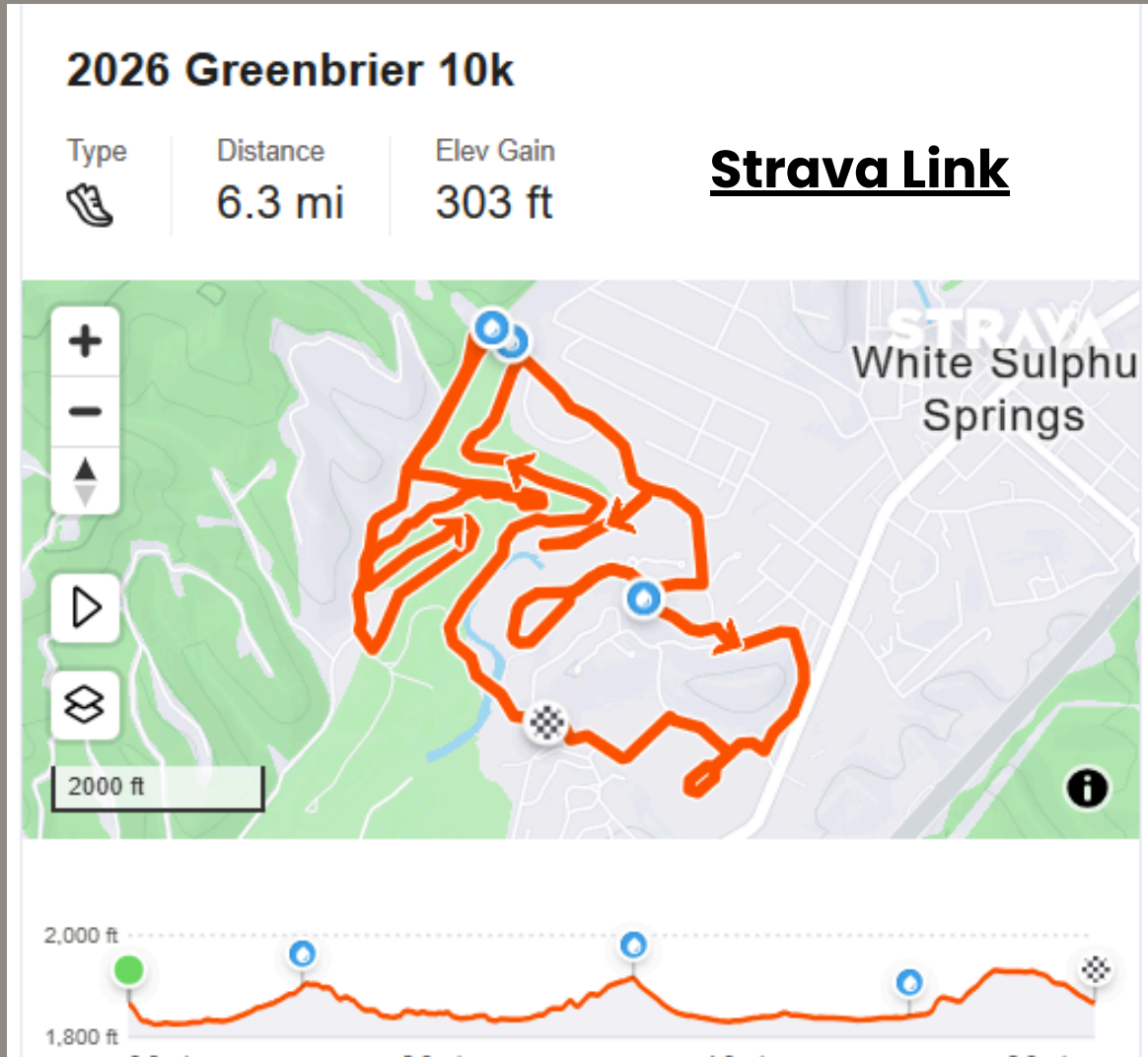
Location: Mile 2.5, 4.5, 6, 8.5, 10.5, 12

On Course Hydration & Fuel

Water & Gatorade will be provided at all aid stations.

Bathrooms will be available at each aid station.

10K MAP



DISCLAIMER: The Strava course map is for reference only and may not perfectly reflect the official route due to GPS limitations. The course is certified and accurately measured. Please follow all posted signage and instructions on race day.

Hydration Stations

Half Marathoners will find 3 hydration stations along the course to help keep you fueled and hydrated. Station locations are approximate and listed rounded to the nearest 0.25 mile.

Location: Mile 1.5, 3.5, 5

On Course Hydration & Fuel


Water & Gatorade will be provided at all aid stations.

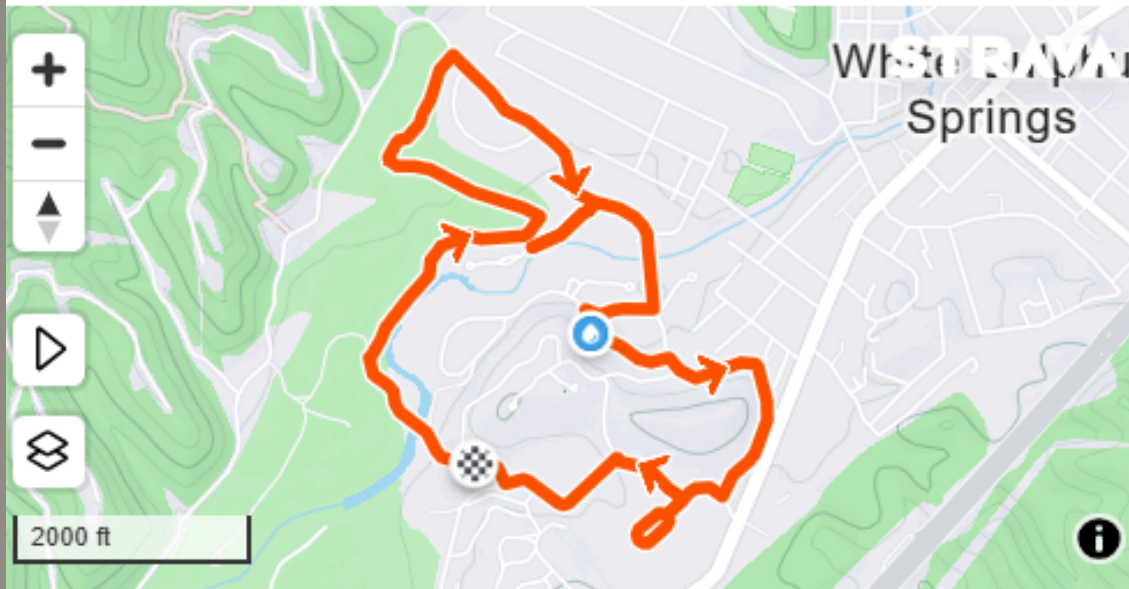
Bathrooms will be available at each aid station.

5K MAP

2026 Greenbrier 5k

Strava Link

| Type | Distance | Elev Gain |
|-----------------------------------------------------------------------------------|----------|-----------|
|  | 3.2 mi | 154 ft |



DISCLAIMER: The Strava course map is for reference only and may not perfectly reflect the official route due to GPS limitations. The course is certified and accurately measured. Please follow all posted signage and race marshal instructions on race day.

Hydration Stations

Half Marathoners will find 1 hydration stations along the course to help keep you fueled and hydrated. Station locations are approximate and listed rounded to the nearest 0.25 mile.

Location: Mile 2

On Course Hydration & Fuel

Water & Gatorade will be provided at all aid stations.

Bathrooms will be available at each aid station.

POST-RACE INFO

Finisher Medals

Every half marathon, 10k and 5k finisher will be presented with a finisher medal after they cross the finish line!

Results

There will be no results tent at the finish line. Results will also be posted online as they become available.

Overall Awards

Overall awards will be presented to the top three overall male and female finishers in each distance based on gun time. Overall awards will be announced on the stage at approximately the following times:

- **5k & 10K:** 8:30 AM
- **Half Marathon:** 9:30 AM

The winner must be present after the race to claim their award. Awards will not be mailed out.

Age Group Awards

Age Group Awards will be given to the top three male and female finishers in each distance in the following age categories:

19 and under, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75 & over

Age group awards for the 5k and 10k will be available at the Customer Service Table any time after 8 AM. Age group awards for the Half Marathon will be available at the Customer Service Table any time after 9 AM. Winners must be present to receive their award; awards will not be mailed.

Participant Photos

Professional photographers will be along the course as well as the start/finish area.

When they become available, a link to the race photos will be posted on our website. FinisherPix, the race photographer, will email a link to runners. To see your pictures, please follow the directions provided by FinisherPix.

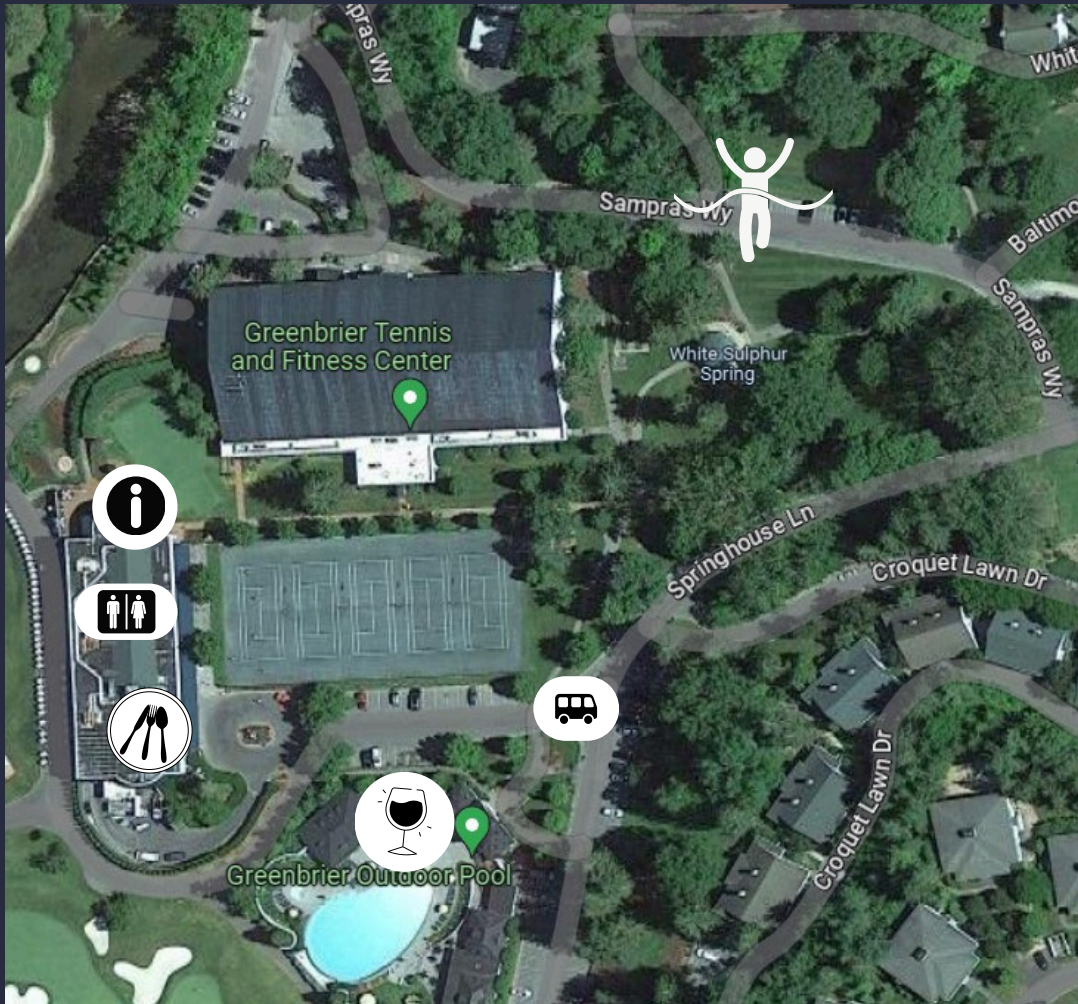
POST-RACE INFO

Post-Race Shuttle for Non-Resort Guests

A shuttle will run for **non-resort guests** after the race from the Finish Line to the Train Lot until 12:00pm.

Guests staying on the property will take the short, scenic walk to and from the race. The shuttle will only be available for non-resort guests, as it will only have two shuttle stops: the Train Lot (outside of the resort) and the Start/Finish Area.

Post-Race Party Map



Finish Line



Restrooms



Bar



Post-Race Shuttle Pick-Up for Non-Resort Guests (to return the Train Lot)



Champagne Brunch



Customer Service



Live Music

POST-RACE INFO

Post-Race Champagne Brunch

After your race, enjoy a delicious champagne brunch prepared by The Greenbrier's exquisite culinary team, a live band and more! **Registered runners receive entry to the brunch as part of their registration. Please bring your bib to brunch for verification purposes.** Spectators may purchase a brunch ticket [here](#). The post-race party will be held from 7:30am - 11:30am.

Below is a representative menu of what will be served at the post-race brunch, along with bottomless champagne and beer!



- Chunked Summer Fruit (GF, V)
- Assorted Greek Yogurts (GF, V)
- Assorted Granola
- Large Blueberry Muffins (GF)
- Chocolate and Plain Croissants
- Cinnamon Rolls
- Banana Coffee Cake
- Hard Boiled Eggs (pre-peeled) (GF)
- Pepperoni Rolls
- Baked Brioche French Toast, Maple Syrup, Butter
- Vegan Yogurt (V)
- Assorted Kind Bars (GF)
- Overnight oats with berries (V)
- Beverages: Coffee, Juice, Sodas, Water, Iced Tea, Champagne (Must be 21+), Beer (Must be 21+)

GF - Item is Gluten Free

V - Item is Vegan.

RESORT OFFERS FOR RUNNERS

The Greenbrier Resort is proud to offer all race participants the discounts below to take advantage of during race weekend!

- **15%** Discount on the Following Greenbrier Activities: Bunker Tours, Escape Room, Bowling, Croquet, and Pickelball
 - Valid Friday, May 8th – Sunday, May 10th

These offers are available to all participants even if you are not staying at the resort during race weekend. Runners will need to **show their bib in order to receive the discounts.**

PARTNERS & SPONSORS



POST-RACE SURVEY

You will receive a link to complete a post-race survey after the race. Your feedback helps us make improvements for future races so that we can continue to provide an extraordinary race experience. Thank you in advance!